

## APRIL Program 15 to 18 years 30 TEMPLETON STREET CASTLEMAINE 3.30 - 6.00 PM

FRI 19 APR

Intro to Growing Food – Join us for a special workshop partnered with Food Links, for an introduction to food systems! Learn how to prep a garden space, from amending soil to planting out herbs and veggies in the Community House Garden! You'll also get to pot up some veggies and herbs to take home to kick start your own Autumn garden.

FRI 26 APR

**Cooking Workshop** – Following on from last week's gardening session, this week we're into the kitchen for a cooking session! Learn how to squeeze extra veggies into your favourite dishes for an extra nutritional boost.

To book in for our Mondo Lounge Youth Space activities, head to our website <a href="www.mountalexandershireyouth.com.au/mondo-lounge-bookings.">www.mountalexandershireyouth.com.au/mondo-lounge-bookings.</a> For more information, contact our youth team at <a href="wouth@mountalexander.vic.gov.au">youth@mountalexander.vic.gov.au</a>, call 5471 1700, or follow us on Instagram & Facebook @mountalexandershire\_youth







